

VII International Foot and Ankle Vilnius Conference

Common foot and ankle pathology

1 of March 2019

Venue : Crown Plaza Hotel. Čiurlionio str. 84, Vilnius, Lithuania

Chairpersons:

Xavier Martin (Barcelona University, Chairman of EFAS Specimen Committee, Past President of Spanish FAS)

Aleksas Makulavicius (Vilnius University, Medical faculty, Center of Orthopaedics and Traumatology, Foot and Ankle Sector)

Faculty:

J.R. Altonaga Santander, Spain

A.Andrade Macedo, Portugal

M. Leitlands Liepaya, Latvia

V.Kimtys Kaunas, Lithuania

G.Mazarevicius Vilnius, Lithuania

Draft program

9-00 Registration

10-00 Opening

I session. Ankle and hindfoot anatomy, biomechanics, deformities and osteoarthritis.

Moderators: A. Makulavicius and X. Martin

10-00 Surgical and arthroscopic ankle anatomy. X. Martin

10-20 Basic biomechanics of the foot and ankle. A. Makulavicius

10-40 Adult acquired flatfoot deformity. What should we do? A. Makulavicius

11-00 Subtalar and hindfoot osteoarthritis. When and how to fuse? G. Mazarevicius

11-20 Ankle osteoarthritis. Different options to preserve the mobility. A. Makulavicius

11-40 Treatment of the osteochondral lesions of the talus. X. Martin

12-00 Pathology of peroneal tendons. Treatment options. V. Kimtys

12-15 Acute Achilles tendon ruptures. What is the best option for active patient? A. Makulavicius

12-30 Honorary lecture "Memories, Experiences and Dreams of an Orthopedic Surgeon" J.R. Altonaga, Past President of Spanish Orthopaedic Society

13-00 Lunch

14-00 II session. Degenerative forefoot and midfoot pathology. Rheumatoid arthritis

Moderators: X. Martin and A. Makulavicius

14-00 Hallux valgus. New oblique technique A.Andrade

14-15 Scarf osteotomy. New trends in fixation. A. Makulavicius

14-30 Lapidus procedure. Plantar plate fixation. M. Leitlands

14-45 Lesser toes deformities. What can we offer to our patients? G.Mazarevicius

15-00 Management of common pathology in rheumatoid arthritis. A. Makulavicius

15-20 Cases from faculty and participants.

16-00 Discussion.

16-30 Seminar "Modern fixation options in foot and ankle"

17-00 End of the conference

Event is certified from Vilnius University.

Course fees 25 Eur students and residents, 40 Eur surgeons

Lunch is included